



# Swan Research Institute

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## Notice of Annual SRI Research Grant

### **About SRI**

The Swan Research Institute (SRI) was formed in 2001 as an independent, incorporated Association to promote quality research in areas related to the causes, prevention or cure of diseases in humans. SRI has Deductible Gift Recipient status from the Australian Tax Office on this basis for this category. Swami Niranjanananda Saraswati is its president

SRI has decided to focus initially on exploring and developing better understanding of the many practices within the science of yoga and their implications for physical and mental health, healthy lifestyle, mental and spiritual development, particularly in areas of prevention of various modern diseases such as obesity related diseases, diabetes, heart disease, cardiovascular diseases, depression, hypertension, anxiety etc. SRI is also interested in possible treatments in promising areas such as using yoga for asthma, diabetes, cancer, depression and other mental illnesses, anxiety, drug addiction, hypertension, high or low blood pressure and cardiovascular disease, to name a few.

### **SRI Research Grant**

We wish to announce the annual SRI research grant, to be awarded each year to encourage research into the field of Yoga, to develop further understanding of its practices and its implications for physical and mental health, healthy lifestyle, mental and spiritual development.

### **Terms and conditions**

You must be an Australian citizen or be a permanent Australian resident to apply.

All yoga traditions are eligible to apply.

The grant must be applied towards research in an area of yoga that would satisfy SRI's aim of exploring and better understanding practices in the science of yoga and their implications for physical and mental health; healthy lifestyle and disease prevention or treatment.

### **The award is made annually.**

Currently the amount is \$1008, usually payable in two installments of \$504.

The award may be held concurrently with any other award or scholarship.

Successful and unsuccessful applicants may apply in subsequent years.

If you are interested in applying please contact [sri@swanresearch.net](mailto:sri@swanresearch.net) or phone (02) 43771871 for more information and an application form